

Future Mental Health Collective

For funders, by funders

Context

Poor mental health is one of the world's most serious challenges, affecting around one in four of us every year. It is also one of the world's most complex challenges. Our mental health is affected by every aspect of our lives and, in turn, affects how we support ourselves, our communities and the world around us. This all-encompassing nature of mental health demands a holistic approach, underpinned by radical collaboration to reverse the chronic underfunding that thwarts progress.

Overview & Objectives

The Future Mental Health Collective is a global peer-to-peer network for funders who support mental health services, education or advocacy. It is facilitated by [Kokoro](#) and NEXUS. We work in partnership with other convenors, such as [United for Global Mental Health](#), the [Global Mental Health Peer Network](#), the [International Alliance of Mental Health Research Funders](#), [BrainMind](#) and the [Mental Health Innovation Network](#). The Collective exists to support private mental health funders and to maximize the impact of mental health funding. We do this by:

- Providing a trusted space for major mental health funders to meet and collaborate.
- Reducing duplication and silo working by facilitating the sharing of ideas, research, advice and best practice, including through an online, searchable database that facilitates the private sharing of peer-recommended funding opportunities.
- Working together to help new funders get started in mental health. This includes working across sectors to demonstrate how integrating mental health services into programmes can accelerate progress across the Sustainable Development Goal outcomes.
- Facilitating connections between mental health funders and with global experts.
- Super-charging each other's efforts through joint advocacy and action where appropriate.

Structure

We host online sessions every 8-10 weeks at Principal or CEO level, combining different formats:

- **Affinity Hours:** Members meet to share what they're doing and to explore collaboration.
- **Solution Circles:** Members discuss a particular challenge and find strength in shared action.
- **Geek Outs:** Global experts bring new insights to the group.

Members are welcome to invite others from their teams to join geek-outs and solution circles. We also host occasional physical gatherings and share a monthly community bulletin.

Membership

There are no fees associated with being a member of the Collective. It is open to private funders who are committing significant capital to mental health or imminently looking to do so, including individual, family and corporate philanthropists, private equity investors and major charities that are allocating grants to other charities or social entrepreneurs. Members are welcome to nominate others. The future Mental Health Collective is a global network with members coming from all over the world. We hold activities in different time zones to accommodate everyone as much as we can.